



Helpful Tips for Planning Your Admission

Bryan Independence Center must be a safe and drug-free environment.

- If staff believes a visitor is under the influence of alcohol or other drugs, the visitor will be asked to leave.
- A client has the right to refuse to see someone who may come to visit.
- All items brought in, must be checked in at the nurses station.

Bryan Medical Center is a smoke-free campus.

- Exceptions to this will be clients who are admitted to Bryan Independence Center programming for three or more hours per day.
- Tobacco products, lighters and matches are not allowed for youth clients.

Visitation:

- Visitation during detox is more relaxed than during treatment. We encourage visitors to support detox patients to enter treatment.
- Adult residential visitation hours are: Friday 5-8 p.m., Sunday noon to 3:30 p.m.
- Youth residential visitation hours are: Saturday 3-5 p.m., Sunday noon to 3:30 p.m.
- Visitors to youth patients are restricted to "immediate" family and those authorized by the legal guardian.

Releasing Information:

- Bryan Independence Center staff members do not acknowledge our patient's presence to anyone without a signed authorization.

Family Involvement in Bryan Independence Center Treatment Services:

- The family workshop is designed to offer education and support, at no cost, for those who have a family member or friend in treatment.

Family/Parent Support Group:

- A supportive network of other involved family members' receiving encouragement when struggling with family or friends using substances.
- Every Thursday evening at 6 p.m. in the lower level of the Bryan Independence Center.

Items you SHOULD bring to treatment:

- Insurance card/information
- Social Security Number
- List of medications including dosages
- Laundry soap and fabric softener
- Bring comfortable, weather appropriate clothing
- Medical equipment you use regularly such as a cane, TENS unit, CPAP machine

Cell phones, computers or tablets are not allowed at the residential level of care.